



**Wednesday**  
**December 4, 2024**

# Heritage Woods Secondary

“WE ARE KODIAKS”



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25

# **FLEX**pectations

**FLEX is instructional time, not a break!**



- **Go to one of your four classes**
- **No cell phone use**
- **Only Grade 12S in the Grand Hall**
- **Library is for quiet work only**
- **Where you start is where you finish,  
no moving from class to class**

No homework?  
Read, Study, Review

# YEARBOOK – NAMES FOR APPROVAL

- The yearbook team needs your help!
- There are sheets of paper taped to the counselling office window with the names of all Grade 9–12 students. These names are how the photo company has spelled them for the yearbook.
- It's **your responsibility** to check the list and make sure your name is spelled correctly. If you want a different name (like a nickname or an adjusted version of your legal name) to appear in the yearbook, you need to let me know by **Friday, December 13**.
- If you don't check and confirm by this deadline, we won't be able to fix any typos or errors later.
- To make changes, email me at **cmiklossy@sd43.bc.ca** before December 13.
- Thank you for your attention to this!

# Attention Grade 12s

If you have not been added to a Grad Microsoft Team please submit your graduation quote and baby photo to Ms. Miklossy at **cmiklossy@sd43.bc.ca** before December 13.

"One of the lessons that I grew up with was to always stay true to yourself and never let what somebody else says distract you from your goals." —Michelle Obama

"Oh, the places you'll go." —Dr. Seuss

*"Nothing is impossible, the word itself says 'I'm possible!'" —Audrey Hepburn*



# Greater Vancouver Food Bank is looking for volunteers

**Date:** December 6<sup>th</sup>, 12<sup>th</sup>, 17<sup>th</sup>, 20<sup>th</sup>

**Location:** 8345 Winston St.

**Attire:** You will be provided with a KWAP hoodie, but you can bring your own if you have one.

**Job(s):** Sorting produce and foods

**Volunteers need to be at least 16 years old.**

This is a first come first serve basis with limited spots. Volunteers can sign up through the excel sheet attached below. Please make sure to fill out the form in the link below.

<https://content.betterimpact.com/files/agency/27461/Volunteer%20Consent%20form%20Under%2018%202021.pdf>



## **COMPLIMENTS FOR CHRISTMAS!**

Drop by Room 314 to write a nice  
compliment about somebody else.

Santa's elves will deliver the  
compliments before  
Winter Break.

**Dec. 3 – Dec. 17**  
**Room 314**

You don't want to miss this! It will  
be awesome...and it is  
complimentary ('free')





# Lost and Found

Please come to the office to claim your lost items. We currently have the following:

- HP Laptop
- Single airpods



# ***KWAP WINTER CLOTHING DRIVE***

***What We  
Need***

Winter  
Clothing of  
All Sizes

Nov 18th -  
Dec 15th

Drop Off in  
Front of the  
Theatre





# Rudolph Run 5KM

- Event Details:
- When: Saturday, December 7th, 2024, at 11:00 AM
- What: 5km race & 1 km Kids Run (FREE)
- Where: Mundy Park, Coquitlam
- Why: Celebrate the holidays, stay active, and support the SHARE Food Bank!
- **Register Now:** Sign up today at [www.kaminorunning.ca](http://www.kaminorunning.ca) and help spread holiday magic!
- Let's celebrate the season together—with kindness, community, and a little Rudolph-style running!



Next Meeting:

December 5th, Thursday

4:00–5:30@Pinetree

Secondary in the learning  
commons



# JOIN THE SLC SECONDARY PROGRAM

Do you....

- Value student voice
- Join SD43's Student Leadership Council!

open to all SD43 secondary students, no application necessary!



# HWSS Food Drive

Donate any Non-perishable Food Items  
to your Block 3 class from Dec 2-17. The  
class with the most items by the 17th  
will win a pizza lunch!

Additional Food Items  
may be donated on  
Friday, December 20th in  
front of the theatre!



# Imagine This

We have TWO upcoming workshops in the new year for kids 6 - 18 years!

Jan 18 - Feb 8, 2025 and Feb 15 - Mar 8, 2025

Classes are Saturdays 1pm - 4pm at PoMo Arts

Imagine This keeps class sizes small, creating a supportive environment for children to grow and shine.

Each workshop is one-of-a-kind, perfect for trying something new or polishing talents.

INFO & REGISTRATION

[www.ImagineThisPresents.com](http://www.ImagineThisPresents.com)



## KIDS



PoMo Arts  
2425 St. Johns St  
Port Moody, BC

## MUSICAL THEATRE

4-week terms  
**\$220**

## CLASSES



Learn how to  
**SING  
DANCE  
ACT**

Registration is  
**NOW OPEN**

[www.ImagineThisPresents.com](http://www.ImagineThisPresents.com)

(672) 336-5694



For youth  
ages 11-15  
years



## Holiday Camp for Youth

Monday, Tuesday and Friday, Dec 23-27

Mon, Tues, Thurs and Fri, Dec 30-Jan 3

9am-3pm Recreation Complex

Activities may include:

Bowling	Extreme Air Park	Laser Tag
Ice Skating	Sports	Swimming

Visit [portmoody.ca/signmeup](https://portmoody.ca/signmeup) to register NOW!

 @pomoyouth | [portmoody.ca/Youth](https://portmoody.ca/Youth) | 604.469.4556

PORT MOODY  
CITY OF THE ARTS





## Youth Swiftie Skate

This youth skate for grades 6-12 will feature all Taylor Swift music, and youth are encouraged to bring and exchange friendship bracelets throughout the night!

Register  
25-hours in  
advance

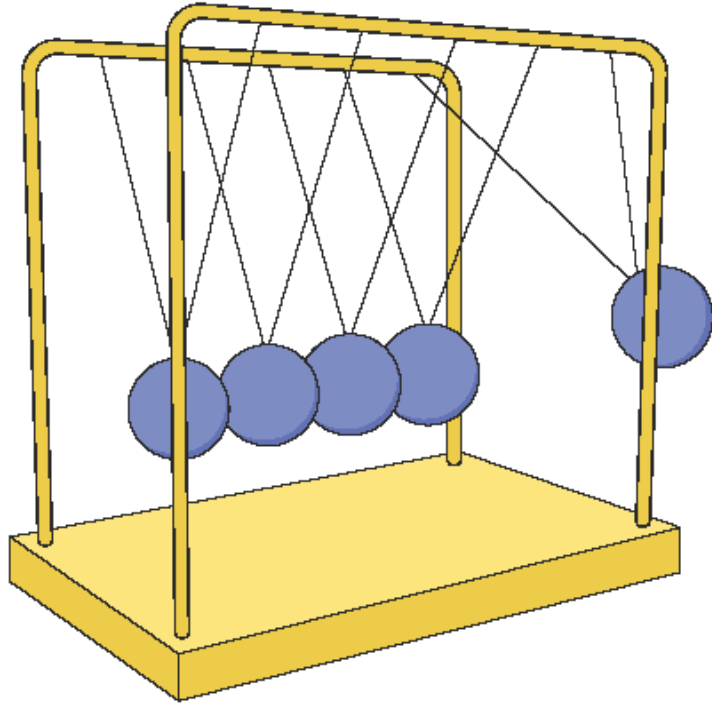
**Friday, Dec 6 8-9:15pm**

Check in and bag check begins at 7:30pm

Visit [portmoody.ca/signmeup](https://portmoody.ca/signmeup) to register.

# CLUBS





Compete in the  
**PHYSICS**  
**JEOPARDY**  
**\$25 prize**

**Hosted by Physics Club**

**December 5th**  
**Room 304 at Lunch**  
**No sign up required**



# BOBA TEA ON SALE!!!

**Remember Cash Only!!!**



## BOBA TEA FUNDRAISING

Hello Kodiaks! Multicultural Club and Coco Bubble Tea are excited to bring to you the Boba Tea Fundraising event on December 5th, 2024!

The money raised will be donated to the children organization in Gaza. Preorder now and pick up on December 5th during lunch in the Grand Hall.

### For More Information

Contact us on Teams or feel free to send us emails.

[127-syin@sd43.bc.ca](mailto:127-syin@sd43.bc.ca)

**DATE: 5 DECEMBER**

**COST: \$6 each**



Scan the QR code and sign up!





# SURVEY

Please fill out this  
survey to help our  
STEAM Ambassadors.

Thank you for your  
help!



*Pet Pals Club*

# Pet First Aid Training



Learn essential skills to care for your pets in emergencies! Benefit students who wants to enter the pet careers.

Date: Monday December 9

Time/ Location: 9am-6pm at school

Price: \$80 (paid through school cash online)



**Scan to sign-up!!**

**Students will be  
excused from  
their classes!**





Hey Heritage Woods!

# VIRTUAL GUEST SPEAKER EVENT

With Dr. David Bond

Research Operations Leader

BC Cancer's Deeley Research Centre

**When:** Friday, December 13th

**Time:** 12:15 – 12:55

**Where:** Library

**Format:** Teams Meeting

**Sign-up to:**

- Learn about latest cancer research
- Chat about medical careers
- Opportunities at BC Cancer
- Ask questions
- Get inspired

**If any Questions:**

E-mail: [127-AHESHMATI@sd43.bc.ca](mailto:127-AHESHMATI@sd43.bc.ca)



Dec 13

Cancer Research Club

# PAWSCRUNCH CLOTHING DONATIONS

UPCYCLING FOR SUSTAINABLE STYLE & A BRIGHTER TOMORROW 🌱

We are a business:

- Built on sustainability
- Donates to charity
- Recycles your donations



Want to know more?  
Scan the QR code

We need **YOUR** help!



Any garment!

Nov 29th- Dec 18th  
Drop off in room 301

# CAREER CENTER



# INDIGENOUS STUDENT POSTSECONDARY FAIR

Come learn about opportunities for Indigenous  
Youth from a range of Post Secondary Schools  
and Programs

**WHEN:**

**WEDNESDAY**

**DECEMBER 4, 2024**

**TIME:**

**COME ANYTIME**

**3-7 PM**

**WHERE:**

**EDUCATION**

**LEARNING CENTER**

**1080 WINSLOW**

**AVENUE**

**Free to Attend**

Open to Grades 9-12

Bring a friend!

## Schools in Attendance

- ✓ UBC
- ✓ SFU
- ✓ NICOLA VALLEY INSTITUTE OF TECHNOLOGY
- ✓ JUSTICE INSTITUTE BC
- ✓ UVIC
- ✓ EMILY CARR
- ✓ UBC MEDICINE
- ✓ ACCESS
- ✓ DOUGLAS COLLEGE
- ✓ LANGARA COLLEGE
- ✓ INDIGENOUS TEACHER EDUCATION PROGRAM  
(NITEP)

*Snacks*

*Door Prizes*

# Admission Changes for Douglas College Psychiatric Nursing Academic Foundations



- Effective immediately a temporary variance has been put in place to reduce the current Academic Foundations of Psychiatric Nursing admission requirements.
- They will now match the General Admission Requirements.
- Please note this is only for psychiatric nursing.





## 2025 Junior Firefighter Programs

School District No. 43 is partnering with both Coquitlam Fire Rescue and Port Moody Fire Rescue to offer two different junior firefighting programs for 2025.

These programs are open to SD43 students in grades 11 and 12, and help applicants understand the basic physical and educational components required of new recruits in the fire service.

### EDUCATIONAL COMPONENT

Tests knowledge of firefighting equipment and fire behavior

### PRACTICAL COMPONENT

Tests endurance and teamwork skills



**Applications are open Nov. 1–Dec. 6, 2024**

Scan the QR code or go to [43careers.com](https://43careers.com)

- ▶ The Coquitlam academy runs out of 1300 Pinetree Way.
- ▶ The Port Moody academy runs out of 150 Newport Drive.



- APPLICATION DEADLINE (DEC. 06) IS A HWSS PRO-D SO YOU MUST HAND IN COMPLETED APPLICATIONS TO MS. BUTLER OR YOUR COUNSELLOR BY 3:30PM DEC. 05.

- NO LATE OR INCOMPLETE APPLICATIONS WILL BE ACCEPTED